

Hurricane Basketball Continuity Plan – Operating during a Pandemic

Basketball Ontario – Phase 3 Return to Play COVID-19 Guidelines

It is important to note that OBA's Return to Play Phase 3 is based on basketball activities in the province and this and future phases will not directly correspond to the Ontario Government's reopening phases (which broadly cover all sectors of business) or Canada Basketball's Back to Basketball plan (which broadly applies to all provinces and territories).



This document outlines working timelines, guidelines, measures and precautions that support a phased Return to Play plan while following health and safety measures at all times. We encourage our members to read and share these guidelines for Phase 3 and the OBA will continue to update these guidelines as restrictions are lifted.

ONTARIO BASKETBALL PHASE 3

OBA member teams can now practice or train at an indoor facility in areas of Ontario that have moved to Stage 3, with modified health and safety measures in place to ensure practices are "non-contact." This means you can pass the ball to teammates, and run certain drills but none that would likely result in physical contact including defence. These rules have been set by the Ontario government.

The process for the OBA is as follows:

1. Fill out the [OBA Assumption of Risk Waiver form](#) with a parent or guardian if you have not yet done so. This will ensure you have insurance for associated risks of basketball activities, not for COVID-19 as contagion insurance is not being offered at this time.
2. Arrange in advance with an open facility to train and ask what to expect when you arrive. Indoor basketball gyms are subject to the [Ontario Government's Essential Business guidelines](#) and must follow those regulations at all times.
3. When you arrive at the gym a staff member will ask you to give a Daily Attestation of Health where you declare that you have no symptoms. The facility records that information and keeps it on file in case of suspected outbreaks.
4. Training can take place with a maximum of 50 persons inside of an indoor facility subject to local gathering guidelines. If gyms are separated by doors/ permanent walls training can occur in each space but not if multi-court facility is one open space. Phase 3 allows for passing of the ball

between teammates for drills, but activities that may result in physical contact (including defence) are not permitted at this time.

Documents

[Initial Facility/Club Risk Assessment](#)

[Daily Attestation Form for Facilities](#)

* facilities may elect to perform Daily Attestation verbally but are provided with this form for additional security

[Poster of Risks for Facilities](#)

[Facility Registration Link](#)

* facilities are encouraged to register in order to access OBA databases of players who have signed Assumption of Risk waivers and are bonafide OBA members, and to access COVID Tracing Form to input data from participants following Daily Attestations

Resources

[Phase 2 – OBA Return to Play Guidelines](#)

[Canada Basketball – Back to Basketball](#)

[Ontario.ca Framework for Reopening our Province: Stage 3](#)

[Ontario Government Emergency Management and Civil Protection Act](#)

[Self-Assessment Tool](#)

[Clarification on outdoor training for OBA clubs](#)

Process of Return to Play

In conjunction with the Basketball Ontario approval process the Hurricane Basketball Club follows:

- 1) Alignment with Canada Basketball's "[Back to Basketball](#)" guidelines and Ontario Government guidelines
- 2) Guidelines vetted by OBA's external legal counsel and OBA's insurance broker
- 3) Approval by OBA's board of directors
- 4) Approval by the Huntsville Hurricane Basketball Club Executive

Public Health Measures



Avoid contact with people outside your household/ social circle



Stay home when possible, especially if you feel sick



Wash your hands well, and wash them often



Avoid large public gatherings according to your region

Phased Approach

- 1) High Performance Training
 - a. Hurricane Basketball Club not participating
- 2) Recreational Training & Practice
 - a. Hurricane Basketball Club not participating
- 3) Full Team Practice
 - a. Hurricane Basketball Club participating
- 4) Local Sanctioned Tournaments
 - a. Hurricane Basketball Club planning to participate
- 5) Return to Provincial Competition
 - a. Hurricane Basketball Club planning to participate

Phase 3 – Team Practice

The Ontario Government is now allowing limited indoor training and practice for basketball teams. Physical distancing rules still apply when engaged in team sports so any team practice at this time must be non-contact. This also means no intra-squad competitions or games where defence or activity would likely result in physical contact between players. Before any OBA members step in the gym, they (or if a member is under 18 years old, their parent or guardian): 1. should satisfy themselves that the indoor facility is operating in compliance with all applicable laws (which laws may differ depending on where the facility is located); OBA will not review such compliance and takes no responsibility for it.); 2. are required to review OBA's "[Waiver of Liability for All Claims and Release of Liability - Event Participation](#)" form thoroughly and complete it. If you do not complete the form, there can be no insurance coverage from Ontario Basketball. Facilities are operating under provincial laws and guidelines for essential businesses and are expected to follow those laws and protocols at all times. When you arrive you will be asked to give a Daily Attestation of Health.

Assumption of Risk

Without a vaccine or cure for COVID-19 there will always be a risk of contracting the virus when participating in any public activity. OBA does not carry insurance that covers pandemic diseases or contagions including COVID-19. Athletes and their parents are required to review OBA's "[Waiver of Liability for All Claims and Release of Liability - Event Participation](#)" form thoroughly and complete it. Participation in OBA-sanctioned activities will still be covered under the regular insurance policy in accordance with all of its terms and conditions – but that insurance does not cover pandemic diseases or contagions including COVID-19. With the transition to Phase 3, all OBA-registered teams may now practice / train at indoor facilities** while adhering to all enhanced safety measures. (**All athletes, parents / guardians and clubs should satisfy themselves that the indoor facility is operating in compliance with all applicable laws (which laws may differ depending on where the facility is located): OBA will not review such compliance and takes no responsibility for it.)

On Site Measures for Participant Safety



Adhering to all Health & Safety guidelines



Enter facilities through clearly marked entry and exit doors



Surfaces and spaces are sanitized often



No sharing gear
Participants bring their own equipment



Coaches bring hand sanitizer, wipes, and pump soap



Face masks worn to enter and exit facility and all applicable times



Avoid large gatherings according to your region



DAILY ATTESTATION OF HEALTH

This questionnaire must be completed by each individual prior to participation in each basketball activity. This questionnaire may be completed verbally at the entry door of an OBA-approved facility. The answer to all questions must be "No" in order to participate any basketball activity.

Do you have any of the following symptoms?

Fever

Cough

Shortness of Breath

Sneezing,
Runny Nose

Sore Throat

Lose Sense of
Taste or Smell

Have you travelled outside of Canada or had close contact with anyone who has in the past 14 days?

Have you had close contact in the past 14 days with anyone with a new cough, fever, or difficulty breathing, or a confirmed case of COVID-19?

If you are experiencing symptoms of COVID-19 please use the [Self-Assessment Tool](#) from Health Canada, call your local health authority (1-866-797-0000), or call 911 if you require immediate medical attention.

Facility Compliance

Under the Ontario Government's approach to the re-opening of facilities, basketball facilities wanting to train OBA member teams must demonstrate an awareness of the risks of COVID19 and assume responsibility for taking all appropriate measures to prevent the spread of the virus. Facilities and clubs are encouraged to complete the Initial Risk Assessment from Canada Basketball. The facility will be expected to comply at all times with Ontario Health and Safety guidelines including:

- ✓ Supplying staff and volunteers with adequate PPE
- ✓ Staff stationed at entry door with mask, asking for Daily Attestations of Health by participants, and recording information for contact tracing
- ✓ Ensuring that participating teams run practices which do not allow for physical contact between players or have been modified to avoid physical contact between the players
- ✓ Ensuring a 15-minute gap between participant sessions to sanitize surfaces and equipment
- ✓ Limiting gathering sizes at indoor venues in accordance with relevant rules in your region

Hurricane Phase 3 Procedures

Entry and exit from facility

- Entry not to occur more than 10 minutes prior to scheduled practice time
- Exit to occur within 5 minutes of scheduled departure time

Entry to training space

- Only participants may enter the training space (no spectators)
- Masks to be worn by all entering the facility at all times
- Athletes may remove masks after they have put on their gym shoes and are ready to practice
- Athletes to stay 2 metres apart as much as possible
- No sharing of any personal equipment including water bottles
- Only athletes, coaches and volunteers to enter the training space
- No whistles to be used

Contact Tracing

- Collected with every gym period use
- Records kept in a binder by the Hurricane Executive

Cleaning between groups

- All high touch points to be sanitized between each group (i.e. practice)
- Next group not allowed to enter until sanitization is completed

Evaluation of Procedures

- Reviewed regularly to adjust to changing conditions
- Any change of local health regulations will be reviewed by the Hurricane Executive and this document will be updated accordingly
- Any change in Basketball Ontario procedures will be adhered to by the Hurricane Basketball Club

Resources

- 1) Ontario.ca Stage 2 closures - <https://www.ontario.ca/laws/regulation/200263>
Rules for Areas in Stage 3 - <https://www.ontario.ca/laws/regulation/200364>
- 2) [Ontario.ca - A Framework for Reopening our Province \(Stage 3\)](#)
- 3) [Public Health Ontario - COVID Resources](#)
- 4) [Public Health Canada - COVID Resources](#)
- 5) [Basketball Ontario](#)